



The Indigo Light Empowerment **With the Help of Quan Yin**

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©Artwork channeled by Linda C. Colibert

©Channeled by Linda C. Colibert
Reiki Grand Master
Lightarian Institute Facilitator

www.spiritlightreiki.com

linda@spiritlightreiki.com

sonlynx@cox.net

&

Assisted by Jay Burrell
Reiki Grand Master
Lightarian Institute Facilitator

There is only 1 Prerequisite to receive this Attunement.
 You must be attuned to Kundalini Reiki Master Level or Usui Reiki Level 1
 or above before taking the Indigo Light Empowerment.

This system does not use any Usui symbols, other than the Indigo
 Lightburst for meditational focus but having a basic understanding of
 Energy Healing is Ideal.

The Indigo Light Empowerment

**Note: More information has come forth and Quan Yin has now stepped
 forward to assist with the sending and receiving of this attunement. She is
 the Goddess of Compassion and she has a message for all who will
 listen—**

“A test of compassion was put in the path of those who channeled this
 energy. This test has been passed, and has brought forth my blessings
 upon all who receive this attunement. I will be with you as you receive
 these energies, and you need only call upon me in your time of need. I will
 assist you in understanding.

I will also assist you in receiving messages of empathy and love. And now,
 I have brought forth compassion. Listen not with your ears, or your mind.
 But listen with your heart. Look beyond the visions of your eyes and even
 your third eye. See with your heart. Do this, and I will grant you wisdom
 and truth.

“This is empowerment.”

This system is more of a personal growth system, than a healing system. It
 raises your vibration, and allows you to develop your psychic abilities and
 will also help you to learn to communicate with others, animals, and the
 nature Spirit's through empathy and intuition at a faster pace by
 connecting you to the higher realms.

As such, it also works to help raise the vibration of Earth and Humanity,
 which in turn, speeds our evolution to higher dimensional thinking.

The Indigo Light Empowerment energy works with the third eye chakra and
 psychic centers. It enhances psychic abilities through empathy and love.
 This system will provide a calming effect on Indigo Children and Indigo
 Adults.

The color blue-violet or indigo activates this energy.

This system is also perfect when working with animal's since it help you to connect with the animal in a telepathic manner and through empathy.

Your intuition is heightened when you envision the Indigo Lightburst glowing brightly within your third eye.

When working with Indigo Children, you will be able to feel/sense the child's energies as your energy flows through the child. This also applies when working with animals and Indigo Adults.

As your energy moves through the one being healed, your psychic intuition and sense of empathy picks up on whatever is causing the trouble, and the energies of the Indigo Light Empowerment calms the one you are healing.

Indigo Children are often labeled as having behavioral problems, lack of attention, and learning disabilities. But actually, the child simply cannot communicate and express what they are feeling in the normal way. They are unique and gifted children. They learn differently than most children and so the teaching methods must be altered and adjusted to each individual child in order to teach them.

The Indigo Light energies will sooth them, calms them, and allows you to better understand what they are having trouble in expressing. The great thing is that the Indigo Light Empowerment energies do not inhibit any of these children's special gifts as some medications and methods do. With the Indigo Light energies these children feel calmer, more connected, and the frustrations they feel at others not understanding them subside's.

You should be able to feel their energies when you use this system and because you are empathizing with them, feeling as though you are them, you will be better able to understand them and work with them to help them learn and grow.

These children are highly gifted, they are special and they have come to this Earth to teach us how to evolve psychically, spiritually, and emotionally.

When working with Indigo Adults, or yourself, you will find that you (or the other person) will be calmer, you will be able to better express yourself, find it easier to understand others, and your own personal growth will expand. Indigo Adults are those of us who have begun raising our vibrations to meet the needs of others and the evolution of humankind on this planet. We are evolving emotionally and spiritually, and more people are opening up to use their natural psychic abilities. We are growing, evolving, changing, and often we may feel misunderstood and separate from others.

When working with the energies of the Indigo Light Empowerment, you will begin to understand your life's path, to know things intuitively, to empathize, with not only others, but also animals, plants, and the Earth itself. Your intuition enhances, your third eye opens, and you will be better able to understand the messages you receive. Whether these messages come to you through visions, images, music, other people, animals, clairaudience, clairsentience, clairvoyance, you will also feel more connected to Spirit, all Beings, and Mother Earth.

The energies of the Indigo Light Empowerment is also very beneficial to Crystal children. The Crystal Children are a newer generation of children being born at a higher vibrational level than even the Indigo Children. These children may sometimes be born with birth defects or diseases, but not always. Their challenges are even greater than those of the Indigo Children. They generally respond well to animals. These Children are very sensitive to loud noises, pollution, and irritants in the atmosphere these children will not thrive well under these conditions.

They have come to this Earth to teach us unconditional love, forgiveness, compassion, and to be of service to others.

In working with animals, you will find that you instinctively know what the animal is saying—you may hear it in words, feel it within your own body, or simply just know it without really knowing how you know. Animals cannot communicate with humans by just telling us—they can't talk to us in our language. Therefore, animals need you to empathize with them in order to communicate with you. It is a sort of telepathic communication, where you may hear what they are saying within your mind, see it in pictures, or feel what they are feeling.

You will be able to feel energy blocks within any animal you work with, and can use either Usui Reiki or Kundalini Reiki to send healing to them. The energies of the Indigo Light Empowerment will calm them and soothe them. Often they will understand what you are saying to them as well. Animals teach us unconditional love, loyalty, forgiveness, service to others, compassion, and respect for other Beings and the Earth.

The purpose for the Indigo Light Empowerment to be brought forth at this time to help raise the vibration of humankind and the Earth.

It is necessary that we stop labeling Indigo and Crystal Children as Problem Children, and we must stop treating them as if they are inferior in their ability to learn. They are not. These Children are special and it is us who do not understand them. I am not saying that they should be allowed to run wild and do as they please—but rather they need to be taught differently than other children.

The Indigo Light Empowerment works to help you understand how to better help these gifted and special children through empathy and love.

Often, Indigo children and Adults as well as the crystal children are labeled as being strange, odd, or different. They don't seem to fit in with the norm that society has set for them. They often are very creative and view the world differently than others. If you feel you are one of these people, or know someone who is, the energies of the Indigo Light Empowerment will help you understand yourself, and others. It has a calming, soothing effect on everyone who uses this energy. Yet, by enhancing your psychic abilities and energizing your psychic centers, you will find that you become even more creative. You will be inspired to reach beyond the limits society sets for you.

Animals and the Earth benefit through a better understanding on the part of humanity. Being able to feel or sense what is troubling animals, be it illness or emotional stress, will allow you to help your pets and other animals. Sometimes they have had emotional and/or physical traumas that bring on behavioral problems.

Using the Indigo energies of the Indigo Light Empowerment will help you communicate with animals, feel physical energy blocks, and through empathy and love you will be able to help animals with behavioral problems calm down and learn what is expected of them.

Often, they are trying to communicate with us, but not only do we not understand what they are trying to tell us—but they don't understand what we are trying to tell them either. Animals do not know human language—they may pick up a word here or there and learn what it means, but generally they cannot just know what we are saying to them. They hear the sound of our voice, but the words do not have meaning to them. The Indigo Light Empowerment will help you to understand and better communicate with animals.

You will also find that you are more sensitive to Nature, and may be able to communicate with plants, wild animals and Nature spirit's.

The energies of this system attune's you to listening without preset ideas on what is or is not possible. The more you work with the energies of the Indigo Light Empowerment, the more you will be able to "hear" what other "Beings" are telling you. This may come to you in any form of communication—hearing, vision, or just knowing intuitively. It is as if you "become" the other Being for a few moment's, through empathy and you understand them—and they understand you. It is unconditional love that bonds you.

How to use the Indigo Light Empowerment

This system can be used distantly or hands on. During your attunement, an Indigo Lightburst will be placed etherically into your third eye and the palms of your hands. The reason for this is because the energies come in through your third eye and your hands, and are sent out to others the same way. You may feel compassion and love, as Quan Yin will be working within your heart. I must mention here, that as you use these energies, you do not attune the patient or client to the energies (except in passing on the attunement for others to learn, use, and teach), you simply send healing energies and flow with them as they move through the energies of your patient or client. This allows you to feel the energies and any blockages. It also allows you to pick up what the patient or client are feeling physically, emotionally, and at times their thoughts as well.

This can happen with humans, animals, plants, and other Beings of Nature. As you send the healing energies, just allow yourself to feel with your heart, because it is the energies of the heart chakra that brings the gifts of empathy, love, and compassion. Allow your energies of love and compassion to move through the patient or client as they are being healed. This energy of universal love and compassion will move through them and you will feel their energies through empathy and you will process it through your intuition, instincts, and the third eye. But it actually is connected to the heart chakra as well as the psychic centers. You are connecting through Divinity. You are receiving messages through the energies of the patient or client, or Nature Being.

A way to practice this is to hold a stone or crystal in your hand. Close your eyes and just allow yourself to feel the energies of the stone. You will learn to become sensitive to the energies of other things and Beings by working with this energy. You can practice it with plants also, trees and flowers are really very willing to communicate with you in this way. You can place your hands upon them and allow your energies to enter the tree or flower. Feel yourself moving through it—this is a type of melding with the energies of other Beings. Once you have allowed your energies to move through it and

back to yourself, try allowing the tree or flower to move its energies through you.

Practice this and you will get find yourself doing this with ease. These are just suggestions for developing the ability to allow your energies to move through the patient, or client, etc. With time, you will learn to do this without even thinking. Never force it—allow it to happen, allow the energies to move through. But do not force them.

Guided Meditation

In the beginning, you will have to work with this meditation on the other “Being/person” to receive and send messages but with time and practice, you may develop your psychic abilities to where you can automatically pick up the information when you are in the presence of the person, animal, or among Nature.

For distant work, you will always need to use meditation.

Do not force the messages to come to you. Simply relax, and let them flow in. Be open to all that you receive. You will want to first see the Indigo Starlight glowing in your third eye. Then think of the person or animal, etc. and allow the images, feelings, and messages to just come in. If at first, it doesn't make sense, write down in a brief note all the information you have received, and try the mediation again the next day. You will find that the messages will begin to make sense to you after a few attempts.

If you are already psychically able to interpret messages, you will not necessarily need to write them down. You will understand immediately what you are being told and what needs to be done. The more you work with these energies, the better you will become at receiving and sending information. It is very likely that you will reach a level of being able to walk among nature or look at someone or an animal and pick up messages if you diligently work with the energies of the Indigo Light Empowerment.

For hands on sessions, you may want to hold your hands over the person without actually touching them, in order to pick up blocked energy areas and messages. The same with animals and plants or even the Earth, except you may want to actually place your hands on them to feel the energies and messages. Always be gentle whenever you do this. And always be open to any messages you receive.

You can send healing energies by using the Kundalini method or the Usui Reiki method.

Attuning Others

To attune others to the Indigo Light Empowerment, say the following:

“I call upon Archangel Uriel, Archangel Raphael, Archangel Michael, Archangel Gabriel, and Quan Yin and I ask that I and (name of student) to be protected during the sending and receiving of this attunement, so that nothing negative may come in, attach, or interfere with this attunement.”

“I ask that (name of student) (Students address) be attuned to the Indigo Light Empowerment on this (day) (date) and (time) the strongest they can handle.” And I also ask Quan Yin for her assistance in the passing of this Attunement and for all the blessings that she will bring to you.

“I thank you. And so it is.”

After the attunement has been passed please say the following:

“I thank Archangel Uriel, Archangel Raphael, Archangel Michael, and Archangel Gabriel for your protection.”

And Thank you Quan Yin for bring your blessings upon (Students name) and myself during this Empowerment

That is it. The attunement is complete.

Reiki is a form of energy healing that is intelligent energy. It always helps and never harms. I do not claim that the Indigo Light Empowerment will make you psychic or cure any illness or disease. The results vary with each person, depending on individual energies and developments, as well as how much you work with the energies of this system. Each person is different, and it is up to each of us to raise our vibrations and attain spiritual, emotional, and psychic growth in our own way and at our own pace. Always see your doctor if you are ill or display symptoms of illness and follow you physician’s advice. Always take your pet to the animal veterinarian if it is ill or displays symptoms of illness and follow their advice. Reiki works hand in hand with the medical profession and the two compliment each other. The Indigo Light Empowerment is not meant to substitute or replace any physician, psychiatrist, psychologist, medical professional, or veterinarian.

Please Note: The Indigo Light Empowerment is not affiliated with or a part of, nor is it associated with any other Indigo or Indigo Star Reiki, or Healing System, or Psychic Reiki, Indigo Light Reiki or Indigo Light System, or any other system that may have been channeled or founded by anyone else. The Indigo Light Empowerment is not associated with, nor is it affiliated with the Indigo Star, or Indigo Star Healing System founded by Lady Autumn Star. The Indigo Light Empowerment is not a part of any other Indigo system or healing system created by or channeled or founded by anyone else.